

Camp Signup Form

Name _____

Street Address _____

City _____ Zip _____

Current School _____

08-09 Grade _____ Age _____

Home Phone _____

Emergency Contact Person _____

Phone _____ E

-Mail _____

Medical Insurance Co. _____

Policy # _____

T-shirt Size (circle one) sm med lg xl xxl xxxl

T-Shirt guaranteed those that have registered before June 15th.

Release Statement

I give permission for my son to participate in the Panther Wrestling Summer Camp June 22-24, 2009. I understand that injuries do occur in all athletic endeavors. I know of no medical ailments, which might affect his safety and participation in this camp. In the event my son requires medical care, I authorize the staff of the Panther Wrestling Summer Camp to obtain for him whatever medical treatment the staff deems appropriate and necessary.

Parent/Guardian Signature _____

Date _____

The Snohomish School District has agreed that this information can be distributed through its schools. The district does not, however, assume sponsorship of or responsibility for, the actual content of any of the activities offered.



Panther Wrestling Parents Club
Attn: Panther Wrestling Summer Camp
PO Box 533
Snohomish, WA 98291



Panther Wrestling Summer Camp

When:

*June 22nd -
24th*

Where:

*Snohomish HS
Old Gym*

Sponsored By:
Panther Wrestling Parents Club

Camp Director
Rob Zabel
360-223-5017

Camp Clinicians:

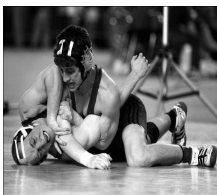
Levi Jones (Boise State University):

- 2006 State Champ
- 3rd in Pac 10 2008
- NCAA Div. I Qualifier



Brad Perry (Boise State University):

- Freshman @ Boise State
- Snohomish High School Grad
- 2008 State Champ



Others:

Rob Zabel - SHS Head Coach/Camp Director

Justin Springer - SHS Asst Coach/JC All-American
@ North Idaho College

Mark Perry - Former SHS Head Coach
& Current Head Football Coach

Sam Ottow - 2009 State Champ (3x Finalist)

Stefan St. Marie - 2009 State Champ (2x Finalist)

The SHS Wrestling coaching staff will also be available to assist. A number of graduating SHS wrestlers will also be in attendance to help with the development of your athlete.

Schedule:

9:30 - Morning Technique Session

11:30 - Lunch (Bring your own bag lunch)

12:15 - Afternoon Technique Session & live wrestling.

2:15 - Coach's message.

2:30 - End of camp day.

What You Will Need:

- Wrestling shoes.
- Workout gear (bring extra shirts)
- **A lunch every day.**
- Soap and towel in order to shower
- Head gear (if you choose)
- A DESIRE to improve your wrestling ability!!!

Where:

Snohomish High School

1316 Fifth St

*Camp will be in the Old Gym.

Who:

Middle School & High School wrestlers looking to improve.

Cost:

\$75 Make checks payable to:

Panther Wrestling Parents Club

Camp Philosophy:

In order to prepare our wrestlers for competition against the toughest league in the state, we have recruited those that compete with the toughest teams in the nation to teach us.

Boise State University's wrestling program has become the dominate force in wrestling here in PNW. Their athletes and coaches are known for being the best conditioned and technically sound wrestlers in the Pac 10. Three members of the record setting 2009 Pac 10 Champion team have come to Snohomish to teach local wrestlers the technique and mental skills required to become a champion.

These young men have been hand picked because of their character, ability to work with young people, and familiarity with the values important to Snohomish Wrestling. Come ready to work and with a championship attitude. Your individual quest for a title starts today.

The will to prepare is more important than the will to win.

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Panther Wrestling Parents Club

Panther Wrestling Parents Club
Attn: Panther Wrestling Summer Camp
PO Box 533
Snohomish, WA 98291

Contact Info: Rob Zabel
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