

## Registration

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Zip \_\_\_\_\_  
Current School \_\_\_\_\_  
08-09 Grade \_\_\_\_\_ Age \_\_\_\_\_  
Home Phone \_\_\_\_\_  
Emergency Contact Person \_\_\_\_\_  
Phone \_\_\_\_\_  
E-Mail \_\_\_\_\_  
Medical Insurance Co. \_\_\_\_\_  
\_\_\_\_\_  
Policy # \_\_\_\_\_

### Release Statement

I give permission for my son to participate in the wrestling clinic on Oct 24, 2009 at Snohomish High School. I understand that injuries do occur in all athletic endeavors. I know of no medical ailments, which might affect his safety and participation in this camp. In the event my son requires medical care, I authorize the staff of the Panther Wrestling Summer Camp to obtain for him whatever medical treatment the staff deems appropriate and necessary.

Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_

The Snohomish School District has agreed that this information can be distributed through its schools. The district does not, however, assume sponsorship of or responsibility for, the actual content of any of the activities offered.



SATURDAY  
OCTOBER 24TH  
2009  
9:30 - 2:15

Panther Wrestling Parents Club  
Attn: Panther Wrestling October Clinic  
PO Box 533  
Snohomish, WA 98291

Phone: 360-223-5017  
E-mail: shs.panther.wrestling@gmail.com

SATURDAY  
OCTOBER 24TH  
2009  
9:30 - 2:15

## Boise State & Snohomish Wrestling Clinic

Featuring:  
Kirk White - BSU  
Tyler Sherfey - BSU



COME PREPARE FOR  
YOUR UPCOMING  
SEASON WITH TWO OF  
BSU'S BEST!!

Tel: 360-563-4165  
Tel: 360-223-5017

## Clinicians:

### Kirk White & Tyler Sherfey



Coach White is entering his 4th year on the Boise State coaching staff. He is one of Washington's all-time greatest wrestlers.

- WA State Champion 1995 (Curtis HS)
- 3 time NCAA All- American @ BSU
- NCAA Champion 1999



Tyler Sherfey recently finished his collegiate career as BSU and now works with high school wrestlers in the Boise area while continuing his training. He is also one of Washington state's most decorated wrestlers.

- 2x WA State Champion (Kamiakin HS)
- 4x NCAA Qualifier
- NCAA All - American 2009

#### Schedule:

- 9:30 - Morning Technique Session
- 11:30 - Lunch (Bring your own bag lunch)
- 12:15 - Afternoon Technique Session
- 2:00 - Coach's message.
- 2:15 - End of camp day.

#### What You Will Need:

- Wrestling shoes.
- Workout gear (bring extra shirts)
- **A LUNCH!**
- Soap and towel in order to shower
- Head gear (if you choose)
- A DESIRE to improve your wrestling ability!!!

#### Where:

Snohomish High School

1316 Fifth St

\*Clinic will be in the Old Gym.

#### Who:

Middle School & High School wrestlers looking to improve.

#### Cost:

\$25 Make checks payable to:

Panther Wrestling Parents Club

## Clinic Philosophy

Come and learn Boise wrestling technique from two of Washington's most decorated wrestlers. Boise State has become the D1 power on the west coast and known for their straight forward attacking style. Constant pressure and positioning are keys to winning the battle on your feet. This camp is intended to give you the tools necessary to be successful in your upcoming season.

Coach White and Coach Sherfey will focus on improving your positioning on your feet and ability to control an opponent from the top position.

This is an opportunity you won't want to miss. We have LIMITED AVAILABILITY please register early. Contact us with any questions.

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